

THE 32nd ANNUAL CAMELBACK 4 MILER

SATURDAY, JUNE 19, 2010

8:30 AM

**FREMONT COMMUNITY RECREATION COMPLEX
600 ST. JOSEPH STREET, FREMONT, OHIO**

OTHER EVENTS HELD IN CONJUNCTION WITH THE CAMELBACK 4 MILER:

Mayor's 2 Mile Walk

Event is open to all ages
Walk Start: 8:40 am

2K Youth Race

Runners 12 and under
Race Start: 9:30 am

1/4 Mile Camel Calves

Children 6 and under
Race Start: 9:50 am

RACE INFORMATION AND HIGHLIGHTS

- **Directions:** South on St. Joseph Street from East State Street (Route 20). Fremont Community Recreation Complex/Biggs-Kettner Eastside Park is at the end of St. Joseph Street. **AFTER 8:00 AM** the parking lot at the Fremont Community Recreation Complex will be closed and traffic on St. Joseph Street will be limited. Participants will be directed to additional parking at Grace Community Church, 900 Smith Road. The Grace Community Church parking lot is adjacent to Biggs-Kettner Eastside Park and the Fremont Community Recreation Complex.
- 4 Mile Race, 2 Mile Walk start and finish at the Fremont Community Recreation Complex. 2K Youth Race and 1/4 Mile Camel Calves Race start and finish in Biggs-Kettner Eastside Park (adjacent to the Fremont Community Recreation Complex)
- Courses not recommend for athletes with disabilities.
- **HEALTH AND FITNESS EXPO**– Displays, information, refreshments and merchandise from area vendors and organizations at the Fremont Community Recreation Complex on Friday, June 18th from 5:00 pm to 8:00 pm and Race Day from 8:00 am to 12:00 pm
- **THIS YEARS SPECIAL GUEST: 1991 WORLD CHAMPIONSHIPS MARATHON BRONZE MEDALIST, 1992 OLYMPIAN AND AMERICAN DISTANCE RUNNING LEGEND: STEVE SPENCE.** *Steve will be speaking at the Expo on Friday night at 7:00 pm and will be racing in the 4 Mile Run on Saturday.*
- **EARLY PACKET PICK UP AND REGISTRATION**– Friday, June 18th from 5:00 pm to 8:00 pm at the Fremont Community Recreation Complex.
- Friday Night Refreshments and **FREE** post race Steak Dinners for all participants sponsored by:

APPLEBEE'S

- The third race in the *2010 Fremont Elite Runners Club Running Series*
- For more information, contact the Event Directors:
 - Camelback 4 Miler/2 Mile Walk– Ron Brant (419) 332-6292
 - 2K Youth Race/Camel Calves– Tom Stierwalt (419) 332-9000 or Brian Koenig (419) 862-5028
- **THE NORTHCOAST INLAND TRAIL RELAY**– Interested in participating in a very unique running event? Register for The Northcoast Inland Trail Relay to be held at 8:00 am on Sunday, June 20th. Information available at www.fremontrunningandfitness.com or by calling (419) 334-5906

2010 CAMELBACK RUN SPONSORS:

APPLEBEE'S

THE NEWS MESSENGER

HEINZ NA

MEMORIAL HOSPITAL

CROGHAN COLONIAL BANK

NORTHCOAST ORTHOPEDICS

FREMONT ELITE RUNNERS CLUB

DAIRY QUEEN EAST

DAIRY QUEEN WEST

THE FREMONT PARKS AND RECREATION DEPARTMENT

PHAZE 1 SCREENPRINTING

RACE REGISTRATION

1/4 MILE CAMEL CALVES: \$5 (Entry fee includes race souvenir)
2K YOUTH RACE: \$5 (Entry fee includes race souvenir)
MAYOR'S 2 MILE WALK: \$8 with shirt to first 80; \$4 without shirt
CAMELBACK 4 MILER: \$15 Pre Registration. **\$20 ON DAY OF RACE.** *Race Shirts to the first 200 registered participants.*
AGE 60 AND OVER: Run or Walk **FREE** (no Race Shirt). \$6 with Race Shirt.

PRE REGISTRATION DEADLINE IS JUNE 12, 2010

RACE DAY REGISTRATION: Begins at 7:00 am until 15 minutes prior to the start of each scheduled event. Registration will take place at the Fremont Community Recreation Complex, 600 St. Joseph Street, Fremont.

**PLEASE MAKE ALL CHECKS/MONEY ORDERS PAYABLE TO THE:
FREMONT ELITE RUNNERS CLUB AND MAIL TO:
FREMONT ELITE RUNNERS CLUB 600 ST. JOSEPH STREET
FREMONT, OHIO 43420.**

***PAYMENT AND REGISTRATION MAY ALSO BE MADE AT:**

**FREMONT ATHLETIC SUPPLY
203 S. FRONT ST
FREMONT, OHIO
43420**

**FREMONT PARKS AND RECREATION
600 ST. JOSEPH ST
FREMONT, OHIO
43420**

AWARDS

CAMEL CALVES: Awards to the top three boy and girl finishers
2K YOUTH RACE: Awards to the top three boy and girl finishers. Awards to the top three boy and girl finishers in age groups: 8 and under, 9-10 and 11-12
CAMELBACK 4 MILER: Plaques to the top 3 Male and Female Finishers. Plaques to the first Male and Female Master Finishers (age 40 and over). Awards to the top 3 finishers in the following age groups: 12 and under, 13-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80 and over.



LAST NAME: _____ FIRST NAME: _____

ADDRESS: _____

CITY/STATE/ZIP: _____

MALE: _____ FEMALE: _____ AGE (AS OF 6/19/2010): _____

SHIRT SIZE (CIRCLE ONE): S M L XL XXL (\$2 extra)

EVENT (CHECK ONE): _____ CAMEL CALVES _____ 2K YOUTH RACE

 _____ MAYOR'S WALK _____ 4 MILE RUN

I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event including, but not limited to: falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and condition of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the Fremont Elite Runners Club, the City of Fremont, and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

Signature/Date

Signature of Parent/Guardian if under 18/Date