

Ballville Twp. Fire / Rescue 911 Run

***Put your running or walking shoes on; bring the family and
“Respond with Ballville Fire in the 911 run”!***

Ballville Fire Department, in Fremont Ohio, will be hosting a walk / run to benefit the department's safety and health program. All proceeds will be used to support the firefighter physicals which are mandated under NFPA and also the fire prevention trailer used to educate the public on fire safety. There will be a free blood pressure screening, a kids run, beverages and snacks during the event.

What:

2k walk

5k run

10k run

kids fun run

When:

September 10, 2011

Where:

Conner Park, 2220 Tiffin Road, Fremont OH 43420

Look for the fire trucks!

Times:

8:00 AM - Registration open

9:00 AM - 5k, 10k run starts

9:15 AM - 2k walk starts

10:15 AM - kids run starts

Any and all questions call Lt. Scott Goodwin at 419-351-9438

Thank you for supporting our Volunteer Fire Department. Did you know that the majority of all Fire Departments in the United States are Volunteer Departments? Without the generosity from people like you, Volunteer Fire Departments would not be able to survive. We all need your support!

Cost:

Pre-registration is \$15 per person, race day is \$20 per person (free T shirts to the first 100 paid registrations, any extras will be available the day of)

Registration Form (online form at www.fremonstrunningandfitness.com)

PLEASE PRINT

Participant Name: _____

Mailing Address: _____

City, State, Zip: _____

Email: _____

Phone Number: _____

Shirt size: (please circle one)

Adult: S M L XL XXL

Release:

I hereby assume the responsibility for myself and/or my children while on the grounds or participating with this event hosted by Ballville Township Volunteer Fire Department. I further more waive any and all rights to bring suit, hold responsible or involve any officer, member, family member or helper of the department and those assisting with the event for injuries or damages of any kind suffered by myself or those which I am responsible for.

Date: _____

Signature: _____

Parent or Guardian: _____

(If under 18 yrs of age)

Please mail registration with payment to:

Ballville Twp. Fire Department
911 Race Committee
1414 West Cole Road
Fremont OH 43420