

# **BOB SEMER MEMORIAL 10K**

**Sunday, May 16, 2010**

**2:00 pm**

## RACE INFORMATION

- Entry Fee:** \$12 if registered by May 9th  
\$15 on day of race
- Please make checks payable to:** **Fremont Elite Runners Club and mail to:**  
**Fremont Elite Runners Club**  
**c/o 600 St Joseph Street**  
**Fremont, Ohio 43420**
- Shirts:** Race shirts guaranteed to all pre registered runners and while they last on race day.
- Race Day Registration:** Begins at 12:00 pm at St. Joseph Central Catholic High School, 702 Croghan Street, Fremont and will continue until 15 minutes prior to the start of the race.
- Awards:** Awards to overall Male and Female Finishers and to the top 4 finishers in the following age categories: 9 & under, 10-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69 & 70-over. *Post race refreshments and awards at St. Joseph Central Catholic High School Gymnasium.*
- Course:** The 10K course will follow the original Camelback 10K course from previous years with the start and finish near St. Joseph Central Catholic High School. Course markings, traffic control and water stops provided.

**For more information, contact Gregg Gerber at (419) 334-5704 or  
Marc Glotzbecker at (419) 334-5906**

**FREMONT ELITE**  
EST. 1978



**RUNNERS CLUB**

LAST NAME: \_\_\_\_\_ FIRST NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY/STATE/ZIP: \_\_\_\_\_

MALE: \_\_\_\_\_ FEMALE: \_\_\_\_\_ AGE (AS OF 5/16/10): \_\_\_\_\_

SHIRT SIZE (CIRCLE ONE):      S      M      L      XL      XXL

I, the undersigned, verify that all information given during registration is the truth. As a participant in this and any other program offered by the Fremont Elite Runners Club I/we recognize that there are certain risks and I agree to assume all such risks which I may sustain as a result of participation in any and all activities connected or associated with such programs. I also understand that the Fremont Elite Runners Club, its officials, agents, employees and insurers are held harmless from any and all liabilities, claims, actions or causes of actions resulting from physical injuries, including death, loss of services, loss or damage to property or any other loss on account of my participation in this and all other programs of the Fremont Elite Runners Club.

\_\_\_\_\_  
Signature/Date

\_\_\_\_\_  
Signature of Parent/Guardian if under 18/Date