

**THE 9th ANNUAL SCARECROW SPRINT
CROSS COUNTRY RACE
SATURDAY, NOVEMBER 13, 2010
10:00 AM
WALSH PARK, FREMONT, OHIO**

**COMPETE ON NORTHWEST OHIO'S MOST CHALLENGING 5K (3.1 MILE) CROSS
COUNTRY COURSE!**

RACE REGISTRATION INFORMATION:

**PRE-REGISTER BY NOVEMBER 6TH AT: FREMONT PARKS AND RECREATION DEPARTMENT
600 ST. JOSEPH STREET
FREMONT, OHIO 43420**

PRE-REGISTRATION FEE: \$12 (RACE SHIRTS GUARANTEED TO FIRST 100 RUNNERS)

**RACE DAY REGISTRATION: BEGINS AT 8:00 AM UNTIL 15 MINUTES BEFORE THE START OF THE RACE
AT THE WALSH PARK SHELTERHOUSE.**

RACE DAY REGISTRATION FEE: \$15 (RACE SHIRTS NOT GUARANTEED)

**AWARDS: OVERALL MALE AND FEMALE FINISHER AND THE TOP THREE FINISHERS IN THE
FOLLOWING AGE CATEGORIES: 9 AND UNDER, 10-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55
-59, 60-64 and 65-69, 70 & over. NO DUPLICATION OF AWARDS.**

***Course is not recommended for athletes with disabilities. No dogs or other pets permitted on course during race*
* Support "One World Running," A Non Profit Organization That Recycles Running Shoes And Distributes Them To
Runners At An Economic Disadvantage Around The World. Donate Your Used Running Shoes On Race Day.***

**FOR MORE INFORMATION, CONTACT THE FREMONT PARKS AND RECREATION
DEPARTMENT AT (419) 334-5906 or visit: www.fremontrunningandfitness.com**



LAST NAME: _____ FIRST NAME: _____

ADDRESS: _____

CITY/STATE/ZIP: _____

PHONE: _____ EMAIL: _____

MALE: _____ FEMALE: _____ AGE (AS OF 11/13/10): _____

SHIRT SIZE (CIRCLE ONE): S M L XL XXL

I, the undersigned, verify that all information given during registration is the truth. As a participant in this and any other program offered by the City of Fremont and Fremont Parks and Recreation Department, I/we recognize that there are certain risks and I agree to assume all such risks which I may sustain as a result of participation in any and all activities connected or associated with such programs. I also understand that the City of Fremont and Fremont Parks and Recreation Department, its officials, agents, employees and insurers are held harmless from any and all liabilities, claims, actions or causes of actions resulting from physical injuries, including death, loss of services, loss or damage to property or any other loss on account of my participation in this and all other programs of the City of Fremont and Fremont Parks and Recreation Department.

Signature/Date

Signature of Parent/Guardian if under 18/Date