

THE DOWNTOWN MILE 2010



"A FREMONT HOLIDAY TRADITION SINCE 2003!"

SPONSORED BY:

FREMONT ATHLETIC SUPPLY AND FREMONT PARKS AND RECREATION

SATURDAY, NOVEMBER 27, 2010

9:00 AM

RACE REGISTRATION:

Pre Registration: \$10.00 if registered by 11/20/2010. *Race Shirts Guaranteed To First 75 Participants..*

Race Day: \$12.00 (To guarantee race shirt you MUST register by 11/21/2010)

RACE SCHEDULE:

Starting Line- All heats will start in Rodger Young Park, located at 1111 Tiffin Street in Fremont.

Finish Line- All heats will finish on Front Street (near Fremont City Hall) in Historic Downtown Fremont. Awards held at the finish line inside of Fremont City Hall. Transportation is available back to Start Line. Gear bag service from Start to Finish area available.

Heat #1: 9:00- 11 and under Boys and Girls and all Walkers (walkers anticipated time sub. 15:00)

Heat #2: 9:15- 12-19 Boys and Girls

Heat #3: 9:30- Women- 20 and over

Heat #4: 9:45- Men- 20 and over

RACE AWARD CATEGORIES:

Heats are consolidated, but **TROPHIES AND SPECIAL AWARDS** will be presented to the Overall Male and Female Finishers and **MEDALS** the top 3 finishers as follows:

8 & Under Male/Female	
9 to 11 Male/Female	45 to 49 Male/Female
12 to 14 Male/Female	50 to 54 Male/Female
15 to 19 Male/Female	55 to 59 Male/Female
20 to 24 Male/Female	60 to 64 Male/Female
25 to 29 Male/Female	65 to 69 Male/Female
30 to 34 Male/Female	70 to 74 Male/Female
35 to 39 Male/Female	75 to 79 Male/Female
40 to 44 Male/Female	80 and over Male/Female

FOR MORE INFORMATION, CONTACT THE FREMONT PARKS AND RECREATION DEPARTMENT AT (419) 334-5906 or visit: www.fremontrunningandfitness.com

NAME _____ AGE _____ HEAT _____
ADDRESS _____ SEX: M/F _____
PHONE _____ EMAIL _____

SHIRT SIZE (CIRCLE ONE): YL S M L XL

Make checks payable and mail to: Fremont Parks and Recreation, 600 St. Joseph St. Fremont, OH 43420

I acknowledge that I have properly trained for this event and absolve the Fremont Parks and Recreation Department, Downtown Fremont, Inc, sponsors and the City of Fremont from any and all liability in connection with this event.

Signed: _____ (Parent/Guardian if under 18) Date: _____