

# **THE NEWS-MESSENGER**

## **31ST ANNUAL CAMELBACK 4 MILER**

**SATURDAY, JUNE 20, 2009**

**8:30 AM**

**FREMONT COMMUNITY RECREATION COMPLEX  
600 ST. JOSEPH STREET, FREMONT, OHIO**

### **OTHER EVENTS HELD IN CONJUNCTION WITH THE CAMELBACK 4**

#### **MILER:**

#### **Mayor's 2 Mile Walk**

Event is open to all ages  
Walk Start: 8:40 am

#### **2K Youth Race**

Runners 12 and under  
Race Start: 9:30 am

#### **1/4 Mile Camel Calves**

Children 6 and under  
Race Start: 9:50 am

### **RACE INFORMATION AND HIGHLIGHTS**

- **Directions:** South on St. Joseph Street from East State Street (Route 20). Fremont Community Recreation Complex/Biggs-Kettner Eastside Park is at the end of St. Joseph Street. **AFTER 8:00 AM** the parking lot at the Fremont Community Recreation Complex will be closed and traffic on St. Joseph Street will be limited. Participants will be directed to additional parking at Grace Community Church, 900 Smith Road. The Grace Community Church parking lot is adjacent to Biggs-Kettner Eastside Park and the Fremont Community Recreation Complex.
- 4 Mile Race, 2 Mile Walk start and finish at the Fremont Community Recreation Complex. 2K Youth Race and 1/4 Mile Camel Calves Race start and finish in Biggs-Kettner Eastside Park (adjacent to the Fremont Community Recreation Complex)
- Courses not recommend for athletes with disabilities.
- Showers and locker room facilities available at the Fremont Community Recreation Complex for all participants.
- **HEALTH AND FITNESS MINI EXPO**– Displays, information, refreshments and merchandise from area vendors and organizations at the Fremont Community Recreation Complex. Friday, June 19th from 5:00 pm to 8:00 pm and Race Day from 8:00 am to 11:30 pm
- **EARLY PACKET PICK UP AND REGISTRATION**– Friday, June 19th from 5:00 pm to 8:00 pm at the Fremont Community Recreation Complex.
- Race shirts designed by area artist Elizabeth Stetzel
- Friday Night Refreshments and Post Race Food and sponsored by:

### **APPLEBEE'S NEIGHBORHOOD BAR AND GRILL**

- The third race in the *2009 Fremont Elite Runners Club Running Series*
- For more information, contact the Event Directors:
  - Camelback 4 Miler/2 Mile Walk– Ron and Shirley Brant (419) 332-6292
  - 2K Youth Race/Camel Calves– Tom Stierwalt (419) 332-9000 or Brian Koenig (419) 862-5028
- **THE INAUGURAL CLYDE TO ELMORE DISTANCE RELAY**– Interested in participating in a unique running event? Register for the Clyde To Elmore Distance Relay. Information available at [www.fremontrunningandfitness.com](http://www.fremontrunningandfitness.com) or by calling (419) 334-5906

## **2009 CAMELBACK SPONSORS:**

**THE NEWS-MESSENGER  
THE FREMONT ELITE RUNNERS CLUB  
MEMORIAL HOSPITAL/MEMORIAL HEALTH CARE SYSTEM  
CROGHAN COLONIAL BANK  
NORTH COAST ORTHOPEDIC SURGERY, INC  
DAIRY QUEEN WEST  
DAIRY QUEEN EAST  
HEINZ NA  
APPLEBEES NEIGHBORHOOD BAR AND GRILL  
THE FREMONT PARKS AND RECREATION DEPARTMENT**

## RACE REGISTRATION

**1/4 MILE CAMEL CALVES:** \$5 (Entry fee includes race souvenir)

**2K YOUTH RACE:** \$5 (Entry fee includes race souvenir)

**MAYOR'S 2 MILE WALK:** \$8 with shirt to first 80; \$4 without shirt

**CAMELBACK 4 MILER:** \$12 Pre Registration. **\$15 ON DAY OF RACE.** Race Shirts to the first 200 registered participants.

**AGE 60 AND OVER:** Run or Walk **FREE** (no Race Shirt). \$6 with Race Shirt.

### PRE REGISTRATION DEADLINE IS JUNE 13, 2009

**RACE DAY REGISTRATION:** Begins at 7:00 am until 15 minutes prior to the start of each scheduled event. Registration will take place at the Fremont Community Recreation Complex, 600 St. Joseph Street, Fremont.

**PLEASE MAKE ALL CHECKS/MONEY ORDERS PAYABLE TO THE  
FREMONT ELITE RUNNERS CLUB AND MAIL TO:  
FREMONT ELITE RUNNERS CLUB C/O PENNEY EVERLY 1937 CR 41  
FREMONT, OHIO 43420. (567) 201-2050.**

### AWARDS

**CAMEL CALVES:** Awards to the top three boy and girl finishers

**2K YOUTH RACE:** Awards to the top three boy and girl finishers. Awards to the top three boy and girl finishers in age groups: 8 and under, 9-10 and 11-12

**MAYOR'S 2 MILE WALK:** Drawing for door prizes

**CAMELBACK 4 MILER:** Plaques to the top 3 Male and Female Finishers. Plaques to the first Male and Female Master Finishers (age 40 and over). Awards to the top 3 finishers in the following age groups: 12 and under, 13-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80 and over.



LAST NAME: \_\_\_\_\_ FIRST NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY/STATE/ZIP: \_\_\_\_\_

MALE: \_\_\_\_\_ FEMALE: \_\_\_\_\_ AGE (AS OF 6/20/2009): \_\_\_\_\_

SHIRT SIZE (CIRCLE ONE):      S      M      L      XL      XXL (\$2 extra)

EVENT (CHECK ONE):      \_\_\_\_\_ CAMEL CALVES      \_\_\_\_\_ 2K YOUTH RACE

   \_\_\_\_\_ MAYOR'S WALK      \_\_\_\_\_ 4 MILE RUN

I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event including, but not limited to: falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and condition of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the Fremont Elite Runners Club, the City of Fremont, and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

\_\_\_\_\_  
Signature/Date

\_\_\_\_\_  
Signature of Parent/Guardian if under 18/Date