

**THE FREMONT DISTANCE CLASSIC 15K RUN**  
**SUNDAY, OCTOBER 2, 2011**  
**2:00 PM**



**SANDI'S VILLAGE CAFÉ**  
**LINDSEY, OHIO**

**RACE REGISTRATION INFORMATION:**

**MAIL PRE REGISTRATION BY SEPT 25TH: FREMONT ELITE RUNNERS CLUB**  
**C/O 600 ST. JOSEPH STREET**  
**FREMONT, OHIO 43420**

**PRE REGISTRATION FEE: \$20 ( RACE SHIRTS GUARANTEED TO FIRST 100 RUNNERS)**

**RACE DAY REGISTRATION: BEGINS AT 12:00 PM UNTIL 15 MINUTES BEFORE THE START OF THE RACE AT LUTZ ELEMENTARY SCHOOL, 1929 BUCKLAND AVENUE, FREMONT.**  
**RACE DAY REGISTRATION FEE: \$25 (RACE SHIRT NOT GUARANTEED)**

***PLEASE MAKE CHECKS PAYABLE TO: THE FREMONT ELITE RUNNERS CLUB***

**AWARDS: OVERALL MALE AND FEMALE FINISHER AND THE TOP THREE FINISHERS IN THE FOLLOWING AGE CATEGORIES: 9 AND UNDER, 10-14, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70 AND OVER. *AWARDS AND POST RACE REFRESHMENTS AT LUTZ ELEMENTARY SCHOOL.***

**COURSE: ACCURATE 15K (9.32 MILES) COURSE THAT STARTS AND FINISHES NEAR LUTZ ELEMENTARY SCHOOL. WELL MARKED AND TRAFFIC CONTROLLED BY VOLUNTEERS. WATER STOPS THROUGHOUT. COURSE WILL BE OPEN AND MAINTAINED UNTIL 4:00 PM.**

**FOR MORE INFORMATION, CONTACT GLENN BOWEN AT (419) 665-2019 OR VISIT:  
[WWW.FREMONTRUNNINGANDFITNESS.COM](http://WWW.FREMONTRUNNINGANDFITNESS.COM)**

LAST NAME: \_\_\_\_\_ FIRST NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY/STATE/ZIP: \_\_\_\_\_

MALE: \_\_\_\_\_ FEMALE: \_\_\_\_\_ AGE (AS OF 10/2/11): \_\_\_\_\_

SHIRT SIZE (CIRCLE ONE): M L XL

I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event including, but not limited to: falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and condition of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the Fremont Elite Runners Club, the City of Fremont, and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

\_\_\_\_\_  
Signature/Date

\_\_\_\_\_  
Signature of Parent/Guardian if under 18/Date