

FREMONT ELITE
EST. 1978



RUNNERS CLUB

2010 RUNNING SERIES

PARTICIPATING RACES

Melt the Ice 5K	Saturday, March 20, 2010
Bob Semer Memorial 10K	Sunday, May 16, 2010
32nd Annual Camelback Run	Saturday, June 19, 2010
Fremont Distance Classic 15K	Sunday, October 3, 2010
9th Annual Scarecrow Sprint	Saturday, November 13, 2010
The Downtown Mile	Saturday, November 27, 2010
Jingle Bell Run	Saturday, December 11, 2010

Eligibility and Scoring: An individual must finish 5 out of the 7 series races to be considered for a Series Award. Scoring is by points based on place in each races age group, including non series participants. First in your age group is 1 point, second is 2 points and so on. Lowest total for the best 5 events will win. Tiebreaker is the most events completed. Second tiebreaker is participant's time at the Camelback Run.

Series Award Divisions: Male and Female: 9 & under, 10-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80 & over. *Your Series age group is determined by your age on 12/31/2010.*

Entry Fee and Deadline: There is **no entry fee** for the 2010 Running Series, **but participants must be entered by the 32nd Annual Camelback Run.** All participants completing the required 5 out of 7 races will receive a commemorative 2010 Fremont Elite Runners Club Race Series Shirt. Participants are responsible for each individual race entry fee. *2010 Race Series Entry Forms can be submitted at any FERC Event or Race and at the Fremont Community Recreation Complex, 600 St. Joseph Street, Fremont, Ohio 43420*

Race Series/Fremont Elite Runners Club Awards Banquet: Shirts will be available at the banquet to be held in January 2011. More details on the banquet will be available at a later date.

Race Schedules and Entry Forms: Dates and times of race are subject to change. Up to date schedule information and entry forms for each individual race are available at all FERC meetings and functions, www.fremontrunningandfitness.com and at the Fremont Community Recreation Complex, 600 St. Joseph Street, Fremont, Ohio 43420. 419-334-5906.

2010 FREMONT ELITE RUNNERS CLUB RUNNING SERIES

NAME: _____

ADDRESS: _____

CITY: _____ STATE: _____ ZIP CODE: _____

PHONE: _____ EMAIL: _____

SEX: (CIRCLE) M F AGE:(ON 12/31/2010) _____ DATE OF BIRTH: _____