

THE FREMONT INDOOR 10K
HEAT ASSIGNMENTS

TIME

SHIRT

8:30 AM

1. BOB EHRET	L (M)
2. JEFF GABEL	XL (M)
3. LEE BOOZE	XL (M)
4. KELLI ZACHARIAS	L (M)
5. SCOTT SMITH	L (M)
6. ANDREW SCHROCK	XL (M)
7. BETH WERLING	M (W)
8. AMY EHRET	S (W)
9. LISA HOFFMAN	S (W)
10. JULIE DICESARE	S (W)
11. JENNIFER PUSTER	S (W)
12. VALERIE BIXLER	S (W)
13. ALAYNE SCHROCK	M (W)
14. JAMIE GILBERT	S (W)
15. LACY NAGY	S (M)
16. AMY CRAFT AHRENS	S (W)
17. AMANDA PATRICK	M (W)
18. NICOLE HILL	S (W)
19. MARIA KRAMER	S (M)
20. RACHAEL ALDRICH	M (W)
21. DAN KROPP	L (M)
22. SHEILA KROPP	L (W)
23. DAVE FISHER	L (M)
24. SARAH SZYMANOWSKI	S (W)
25. DEVANTE POTTER	M (M)

9:45 AM

1. MIKE HOUSE	L (M)
2. CORY HUDDLESTON	S (M)
3. J. ANDREW HUDDLESTON	L (M)
4. CANY LONGORIA	L (M)
5. JONATHAN WALSH	L (M) *
6. JIMM SWARTZ	L (M)
7. MARLA ZWINGGI	M (W)
8. MELISSA CIEPLY	S (M)
9. GREGG GERBER	M (M)
10. JEFF KRIEGER	XL (M)
11. DAVID CRAMER	L (M)
12. NATALIE CIEPLY	M (M)
13. HOLLY JAY	S (W)
14. SHERRY VOLZ	M (W)

15. JENNIFER ALLEY	L (W)
16. KIM HUTTON	M (W)
17. TAMMY CALHOUN	L (W)
18. APRIL HALM	M (W)
19. AMBER MALAN	L (W)
20. ANDY GLICK	L (M)
21. MARK JANOSKY	L (M)
22. CORY JAY	S (M)
23. JENNIFER TINGLEY	S (W)
24. TIM ELLENBERGER	L (M)
25. DEAN SCHNEIDER	L (M)

11:15 AM

1. MATT FOLK	M (M)
2. ADAM MILLER	M (M)
3. ROB SLATER	M (M)
4. JOHN MOOR	L (M)
5. JOHN GILBERT	L (M)
6. JOHN KOLESAR	M (M)
7. BOB FITTRO	L (M)
8. DAVE WALLINGFORD	L (M)
9. DUSTIN LAMVERMEYER	M (M)
10. DAVE BOYLE	M (M)
11. ROBERT JOERG	S (M)
12. WENDY NITSCHKE	L (W)
13. DAVE BUSHMAN	L (M)
14. ELLEN WILSON	L (W)
15. ALECIA BARRETT	M (W)
16. MELANIE GROSJEAN	M (W)
17. LARREN WIKEL	L (M)
18. JUSTIN PARKS	M (M)
19. SONNY WORKMAN	M (M)
20. KIM BENNETT	****
21. JOSEPH KIGGINS	XL (M)
22. JOHN KIGGINS	XL (M)
23. MELINDA WILLIAMS	L (W)
24. JIM BADO	XL (M)
25. LOUIS GUARDIOLA	M (M)

12:15 PM

- | | |
|-------------------------------|--------|
| 1. STEVE EVERSOLE | L (M) |
| 2. EMILY WALLINGFORD | S (W) |
| 3. MICHELLE JACK | M (W) |
| 4. DENISE DASHNER | M (W) |
| 5. CHRIS SOLTIS | L (M) |
| 6. DOMINGO VALADEZ | L (M) |
| 7. ASHLEY ISAACS | M (W) |
| 8. JOHNNIE SMITH | L (M) |
| 9. CHRIS MONSOUR | XL (M) |
| 10. MATT DAVIS | M (M) |
| 11. LINDA KEEFE | XL (L) |
| 12. JESSICA BERLEKAMP CROWELL | M (W) |
| 13. COLLEEN SCHLEA | M (W) |
| 14. DAN BERGER | L (M) |
| 15. JOHN SNODGRASS | XL (M) |
| 16. GREG CORTHELL | XL (M) |
| 17. JEREMY MCMULLEN | L (M) |
| 18. DOUG ADAMS | XL (M) |
| 19. RON DARR | M (M) |
| 20. STACIE LAUSE | L (M) |
| 21. TY TRACY | L (M) |
| 22. BREE SIMON | ? |
| 23. CINDY BURROUGHS | M (M) |
| 24. JOE BAKER | S (M) |
| 25. JON BAKER | M (M) |